Reading a Care Plan

FICTIONAL EXTRACT: Alex prefers to dress after breakfast and uses a hearing aid. The plan says “help with transfer” but gives no equipment or assistance details. An older note describes another routine. Today Alex declines washing. This extract is deliberately incomplete and must not be used as a care instruction.

Identify a preference and a communication need.

Your response: _____

Identify information missing for safe support.

Your response: _____

What should be clarified about conflicting notes?

Your response: _____

Does the plan mean Alex has already consented today?

Your response: _____

Write the request for current assessed instructions.

Your response: _____

Learning guidance

Check the current plan and obtain the relevant assessed instructions before an unfamiliar transfer. Hear Alex’s current wishes. The extract gives no practical transfer authorisation.

This is a learning worksheet, not workplace competency sign-off.